

Shift™

Crossing of the Andes — From the desert to the coffee region

12 days / 11 nights

A journey through Cundinamarca, Huila, Cauca, Valle
del Cauca, Quindio and Tolima

Soul - Wilderness & Expeditions

Book at intotheshift.com/en/reserve



CROSSING OF THE ANDES

Our journey will take us through altitudes ranging from 600 to 3,000 meters above sea level (masl). These multiple levels offer a wide spectrum from hot climates of 30°C to cold climates of 8°C, a diversity of ecosystems including desert, tropical dry forest, cloud forest and tropical moorland or páramo. There are also birds, amphibians, reptiles and mammals unique to each of these ecosystems.

This is an expedition through the center and south of the country that will show us its biological and cultural diversity, experiencing the most authentic hotspots, and revealing the character of these regions.

DETAILS

- **Duration:** 12 days, 11 nights
- **Level of difficulty:** Moderate
- **Group:** 5 people
- **Meeting point:** Bogota
- **Modes of transport:** Overland
- **Accommodation:** You'll sleep in simple, rustic hotels with private bathrooms

VALUE PER PERSON:

Land Portion	USD \$	1.950
Air Portion	N/A	
VAT	N/A	
TOTAL	USD \$	1.950

* Cost given per person considering a group of minimum 5 people

* Rates effective from January 1, 2020, to December 30, 2020

* We work with dynamic rates, this means that the cost will depend on the number of people and the dates of your trip

Book now on <http://intotheshift.com/eng/reserve/>

If you have any doubts or enquiries don't hesitate to contact us at hello@intotheshift.com



PROGRAM

DAY 1 – We'll meet in Bogotá, at a location previously agreed, and leave by land for the Tatacoa Desert. We'll have lunch on the way, and upon arrival at our destination, we'll have an afternoon of relaxation at the Bethel Hotel, where we'll stay the night.

DAY 2 – After enjoying breakfast together, we'll take a trip through the desert, where you'll learn about the ecosystem and its transformation throughout history. We'll stop on the way to enjoy an on-the-go lunch, and in the afternoon we'll return to our hotel to rest.

DAY 3 – After breakfast we'll depart overland for San Agustín. We'll have lunch in a typical restaurant on the way, and once there we'll have a relaxing afternoon, in preparation for the following days.

DAY 4 – After enjoying breakfast at the hotel, we'll visit the San Agustín Ecological Park, and go on a trek where you'll learn about the ecosystem accompanied by our Insider. In the afternoon we'll visit the Magdalena Strait, before returning to the hotel.

DAY 5 – We'll have breakfast and depart for the colonial city of Popayán. We'll tour the city center, appreciating the architecture, and then go to the hotel where we'll have dinner and rest.

DAY 6 – After breakfast we'll travel to the town of Silvia, where we'll have a cultural exchange with the Guambiano indigenous community. In the afternoon we'll return to the hotel, and share stories from the journey as we enjoy dinner.





DAY 7 – After breakfast at the hotel, we'll travel overland to the city of Cali. After a tour of the city, we'll head to our hotel for a relaxing afternoon.

DAY 8 – After having our breakfast, we'll leave for the famous Farallones de Cali Natural National Park, where we'll climb the Pico de Loro. We'll stop for an on-the-go lunch, and once we descend we'll return to Cali for the night.

DAY 9 – We'll have breakfast, and head towards the department of Quindío. There, we'll stay in a century-old large working farm or hacienda that has preserved its authenticity to this day. After enjoying a typical dinner together, we'll rest in preparation for the following days.

DAY 10 – We'll have breakfast at the hacienda, and then embark on a kayak trip down La Vieja River, while appreciating the region's flora and fauna. We'll have a field lunch on the river. In the afternoon, we'll go on a cultural tour through the region in Willys Jeeps, visiting the towns of Quimbaya and Filandia. Then we'll return to the hacienda to enjoy dinner and rest for the night.

DAY 11 – After having a typical breakfast, we'll go on a journey to the Cocora woods. We'll enjoy a traditional lunch in the Cocora Valley, and descend to Salento for a tour of the town. In the evening we'll have our farewell dinner.

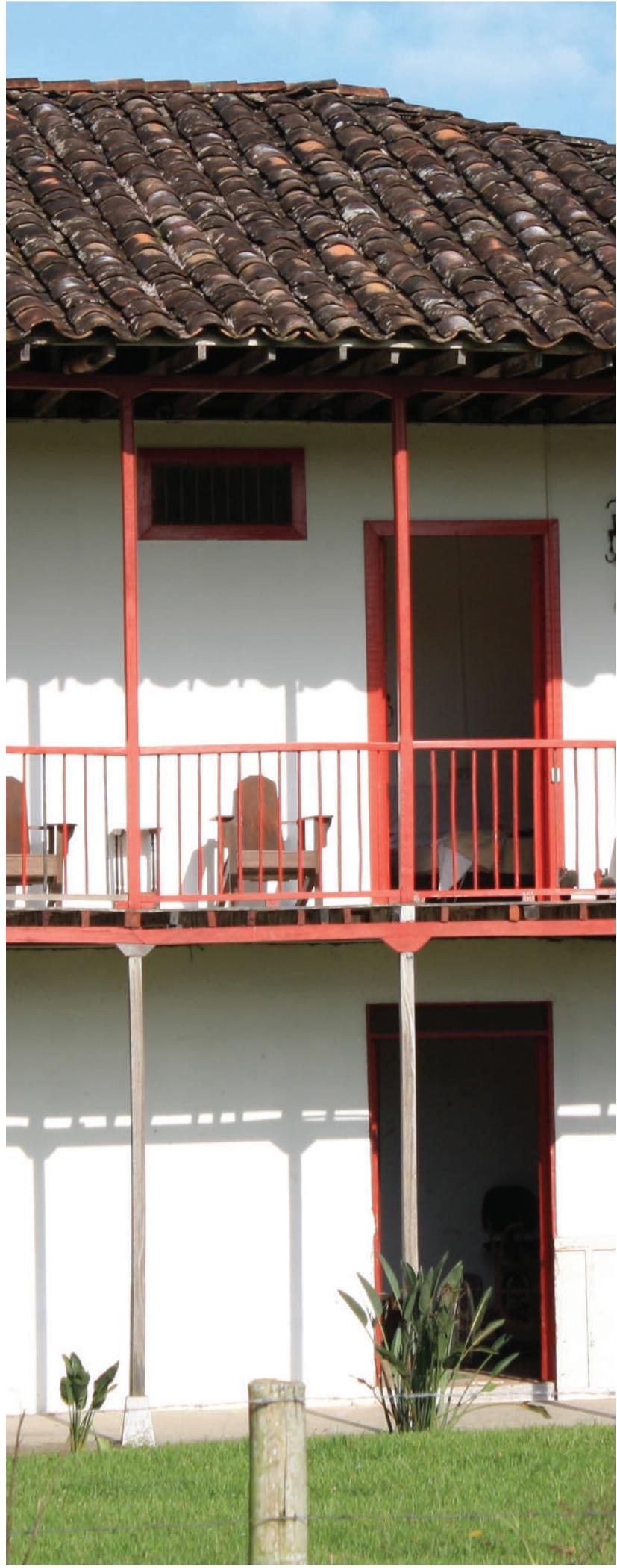
DAY 12 – After breakfast we'll return overland to Bogotá, where we'll say goodbye.

INCLUDED

- Accompaniment by an Insider who is an adventure expert
- Accident insurance - *Consult at <https://www.intotheshift.com/en/legal-notice/>*
- Food (11 breakfasts, 11 lunches and 11 dinners)
- Overland transport
- Activities mentioned in the itinerary
- Accommodation in shared rooms - *Let us know if you want single rooms; this will have an additional cost. - Subject to availability.*

NOT INCLUDED

- Food - (Breakfast on day 1 and lunch on day 12)
- Alcoholic beverages
- Unspecified expenses
- Specialized personal equipment for the expedition (If required, please write to us)
- Additional activities not stipulated in the schedule



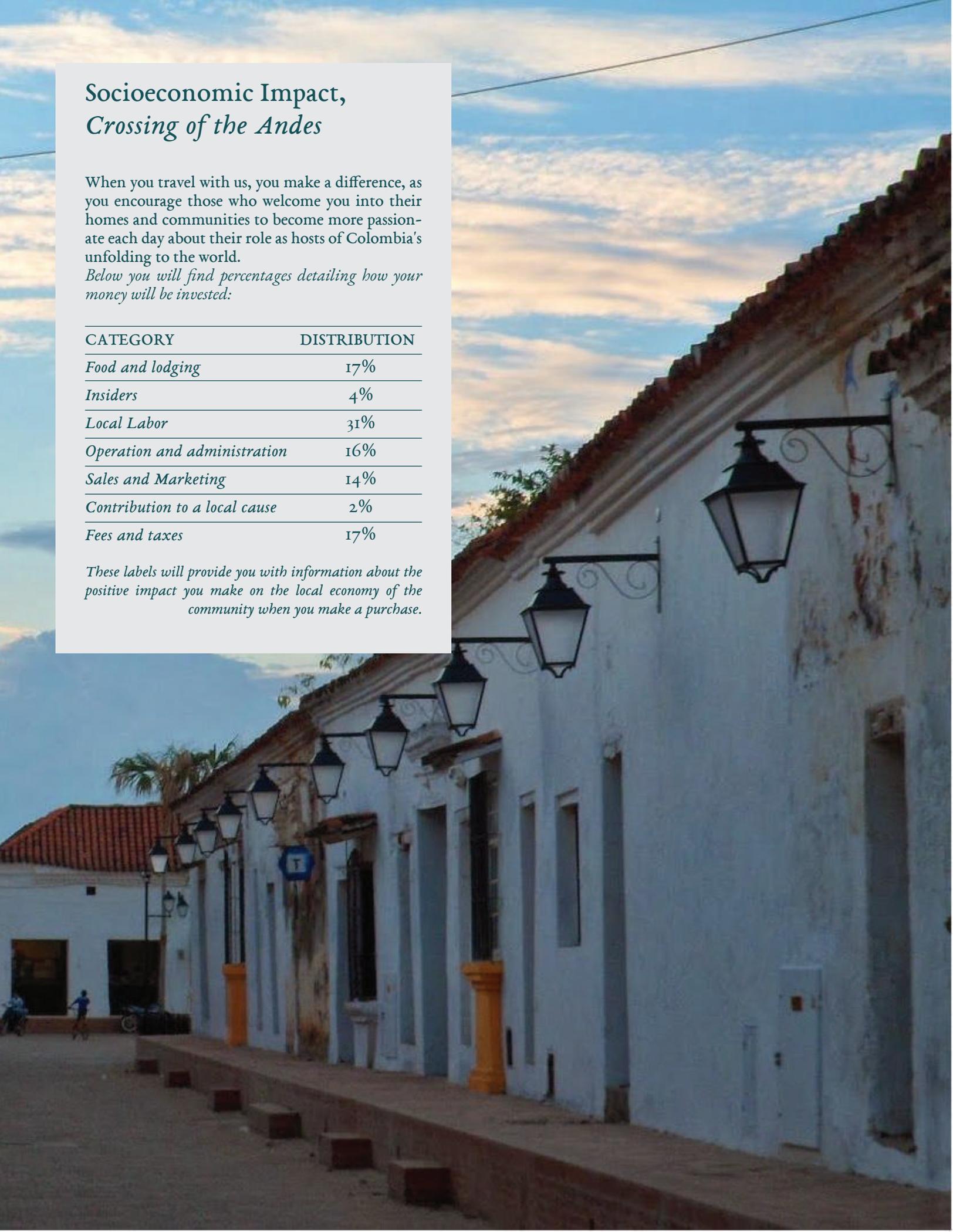
Socioeconomic Impact, *Crossing of the Andes*

When you travel with us, you make a difference, as you encourage those who welcome you into their homes and communities to become more passionate each day about their role as hosts of Colombia's unfolding to the world.

Below you will find percentages detailing how your money will be invested:

CATEGORY	DISTRIBUTION
<i>Food and lodging</i>	17%
<i>Insiders</i>	4%
<i>Local Labor</i>	31%
<i>Operation and administration</i>	16%
<i>Sales and Marketing</i>	14%
<i>Contribution to a local cause</i>	2%
<i>Fees and taxes</i>	17%

These labels will provide you with information about the positive impact you make on the local economy of the community when you make a purchase.





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